

OFFICE:

National Sports Medicine Institute, PC
19455 Deerfield Ave, Suite 312
Landsdowne VA 20176
703-729-5010 office
703-729-5833 fax
<http://nationalsportsmed.com>

Timothy S. Johnson, MD

Biographical	Date of Birth	01/18/67 Rockville Centre, NY
	Marital Status	Married, 2 children
Professional Appointment	2008 – present	National Sports Medicine Institute, PC Landsdowne, VA <i>Attending Orthopaedic Surgeon</i>
		Johns Hopkins School of Medicine , Baltimore MD Department of Orthopaedic Surgery <i>Assistant Professor of Orthopaedic Surgery</i>
	2002 – 2007	Johns Hopkins School of Medicine , Baltimore MD Department of Orthopaedic Surgery Division of Sports Medicine and Shoulder Surgery Division of Arthritis <i>Attending Orthopaedic Surgeon</i> <i>Assistant Professor of Orthopaedic Surgery</i> <i>Medical Director of Orthopaedic Surgery at White Marsh</i> <i>Medical Director of White Marsh Surgery Center</i>
Professional Training	2001 - 2002	Hospital for Special Surgery , New York, NY Weill Medical College of Cornell University <i>Sports Medicine and Shoulder Fellow</i>
	1997 - 2001	Hospital for Special Surgery , New York, NY Weill Medical College of Cornell University <i>Orthopaedic Surgery Resident</i>
	1996 - 1997	New York Hospital , New York, NY

Weill Medical College of Cornell University

General Surgery Intern

Education	1992 - 1996	Yale University, School of Medicine, New Haven CT <i>Doctor of Medicine</i>
	1990 - 1991	Harvard University, Cambridge, MA <i>Health Careers Program</i>
	1985 - 1989	Yale University, New Haven CT <i>Bachelors of Science, Engineering Science (Mechanical)</i>
Accreditation	2004	American Board of Orthopaedic Surgery - Certified
	1998	AO/ASIF Principles of Fracture Management
Licensure	2002 – present	Maryland State Medical License
	2005 – present	Virginia State Medical License
	1997-2002	New York State Medical License - Inactive
Awards and Honors	2007	Leadership Fellows Program American Academy of Orthopaedic Surgeons
	2000	Physician Recognition Award American Medical Association
	1996	Alpha Omega Alpha Yale University, School of Medicine
	1996	James Robinson Memorial Scholar National Medical Fellowships, Inc.
	1994	Farr Scholar Yale University, School of Medicine
	1994	Fellowship Program in Academic Medicine National Medical Fellowships

- 1992-1996 Special Merit Scholarship
Yale University, School of Medicine
- 1988-1989 Captain – Outdoor Track and Field Team
Yale University, NCAA Division IA
- 1988-1989 Captain – Indoor Track and Field Team
Yale University, NCAA Division IA
- 1988-1989 IC4A All-East Track and Field Team
3200 meter relay, NCAA Division IA
- 1988-1989 All Ivy-League Track and Field Teams
800 meters, NCAA Division IA

Professional
Membership

- Alpha Omega Alpha Honor Medical Society
- American Academy of Orthopaedic Surgeons - Fellow
- American Orthopaedic Society for Sports Medicine - Fellow
- National Medical Association - Member

Professional
Appointments

- 2002-present Team Physician, Major League Baseball
Baltimore Orioles, Baltimore, MD
- 2006-2008 Team Physician, Single A-Professional Baseball
Aberdeen Ironbirds, Aberdeen, MD
- 2004-2005 Team Physician

New York Mets, New York, NY

Hagerstown Suns, Hagerstown, MD

2001-2002 Fellow Team Physician

St. Johns University, Queens, NY

1999-2001 Resident/Fellow Team Physician

New York Mets, Queens, NY

1999-2002 Resident/Fellow Team Physician

Iona College, New Rochelle, NY

1995-present Health Care Consultant

Ministry of Health, Republic of Cape Verde

2000-2001 Chief Resident

Hospital for Special Surgery, New York, NY

1996-2001 Orthopaedic Trauma Service

New York-Presbyterian Hospital, New York, NY

1997-2001 Orthopaedic Oncology

Memorial Sloan Kettering Cancer Center,

New York, NY

1997-2001 Orthopaedic Surgery

New York Hospital of Queens, Flushing, NY

1997-2001 Orthopaedic Surgery
Veterans Administration Hospital, Bronx, NY

1997-2001 New York Mets Stadium Physician
Shea Stadium, Flushing, NY

1997-2001 Physician
Public School Athletic League, New York, NY

1989-1990 Marketing Engineer
Texaco Inc., Chantilly VA

Interests and activities

Latin Dance, Cycling, Running, Skiing, Snowboarding, Technology

Presentations

1. Vibration induced alterations of spinal stability. Annual Symposium for the Fellowship Program in Academic Medicine, Hartford, CT, January 1996
2. Vibration induced alterations of spinal stability. Student Research Day, Yale University School of Medicine, New Haven, CT, May 1996
3. Magnetic resonance Imaging Diagnosis of Partial Anterior Cruciate Ligament Tears (ACL); Correlation with Arthroscopy – American Academy of Orthopaedic Surgeon Annual Meeting, 1999 Anaheim, CA
4. Perioperative Morbidity in Bilateral Simultaneous Total Knee Replacement. Hospital for Special Surgery, New York, NY, June 8, 2001
5. Comparison Of 1-Incision Versus 2-Incision Technique For Repair Of Acute Distal Bicep Ruptures. Resident And Fellow Arthroscopy Conference, Useppa Island, FL, May 2002
6. Fresh Cold-Stored Osteochondral Allograft Transplantation: An In-Vivo

Ovine Study – Preliminary Results. 10th Annual West Point Day Fellows Conference. United States Military Academy At West Point, NY, June 2002

7. Comparison Of 1-Incision Versus 2-Incision Technique For Repair Of Acute Distal Bicep Ruptures. 33rd Annual Eastern Orthopaedic Association, Amelia Island, FL October 2002
8. Comparison Of 1-Incision Versus 2-Incision Technique For Repair Of Acute Distal Bicep Ruptures. Podium Presentation-American Orthopaedic Society For Sports Medicine Specialty Day, New Orleans, LA, February 2003
9. Meniscal Allograft Transplantation - Joint Preserving Treatment of the Knee Annapolis MD October 2003
10. Meniscal Allograft Transplantation - Joint Preserving Treatment of the Knee Annapolis MD October 2004
11. Johns Hopkins Orthopaedic Review Course- PCL Injury, Patellofemoral Disorders June 2004
12. Johns Hopkins Orthopaedic Review Course- PCL Injury, Patellofemoral Disorders June 2005
13. Johns Hopkins Orthopaedic Review Course- PCL Injury, Patellofemoral Disorders, Rotator Cuff June 2006
14. Trabecular Metal Total Shoulder Replacement- Live Surgical Demonstration. Television Broadcast to the National Medical Association Annual Convention, Dallas TX, August 2006
15. Feinberg School of Medicine, Northwestern University – Visiting lecture PCL Injury, Rotator Cuff Disease September 2007
16. The accuracy of anterior glenohumeral needle placement: An arthroscopic study. Podium Presentation No: 454, American Academy of Orthopaedic Surgeons Annual Meeting-Friday, February 27, 2009 Las Vegas, NV. Addisu Mesfin, MD, Kevin W Farmer, MD, Lynne C Jones, PhD, Timothy Johnson, MD

Publications

1. Cartilage Repair & Regeneration: The Role Of Allografts In The Treatment Of Chondral And Osteochondral Lesions. Seminars in Arthroplasty July 2002, Volume 13, pp.210-222. T.S. Johnson, R. J. Williams, Elsevier Science New York, NY
2. Blood management after bilateral total knee replacement. Bottner F, Pavone V, Johnson T, Heitkemper S, Sculco TP. Clin Orthop Relat Res. 2003 May;(410):254-61
3. Diagnostic Arthroscopy and Arthroscopic Management of Rotator Cuff Tears, In: The Master Techniques in Orthopaedic Surgery: The Shoulder, Lippincott Williams & Wilkins 2004. T.S. Johnson, R.F. Warren, (E.V. Craig –Editor)
4. Posterior Cruciate Ligament Injuries. Orthopaedic Knowledge Update, 3rd Edition. T.S. Johnson, A. Cosgarea, American Academy of Orthopaedic Surgeons, Rosemont, Illinois – 2004
5. Perioperative morbidity in bilateral one stage total knee replacements. Pavone V, Johnson T, Saulog PS, Sculco TP, Bottner F. Clin Orthop Relat Res. 2004 Apr;(421):155-61
6. Arthritis, In Johns Hopkins White Pages Baltimore, Md. : Johns Hopkins Medicine ; Redding, CT : Medletter Associates, c2005. J.A. Flynn, T.S. Johnson
7. Acromioclavicular Joint and Distal Clavicle Injuries. T.S. Johnson. Current Opinion in Orthopaedics, Lippincott Williams & Wilkins 2006
8. Arthritis, In Johns Hopkins White Pages Baltimore, Md. : Johns Hopkins Medicine ; Redding, CT : Medletter Associates, c2006. J.A. Flynn, T.S. Johnson.
9. Magnetic resonance imaging of the shoulder. Current techniques and spectrum of disease. Farber, A.; Fayad, L.; Johnson, T.; Cascio, B.; Shindle, M.; Neubauer, P.; and Khanna, A. J.: *J Bone Joint Surg Am*, 88 Suppl 4: 64-79, 2006.
10. History and Physical Examination, In: The 5-minute Orthopaedic Consult 2nd Edition Lippincott Williams & Wilkins 2007. T.S. Johnson, (F.J. Frassica –Editor)
11. One- versus two-incision technique for distal biceps tendon repair. Johnson TS, Johnson DC, Shindle MK, Allen AA, Weiland AJ, Cavanaugh J, Noonan D, Lyman S. HSS J. 2008 Sep;4(2):117-22. Epub 2008 Aug 22.
12. Cascio BM, Khanna AJ, Glait SA, Cosgarea AJ, Johnson TS, Reeder

JD. The knee. In: Khanna AJ, ed. *Musculoskeletal MRI: Essentials for the Orthopaedic Surgeon*. New York: Thieme; 2009, in press

13. Farber AJ, Fayad LM, McFarland EG, Johnson TS, Khanna AJ. The shoulder. In: Khanna AJ, ed. *Musculoskeletal MRI: Essentials for the Orthopaedic Surgeon*. New York: Thieme; 2009, in press

References

Available upon request